

Richard L. Cahanin IV, PT, PhD, Cert DN

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Education:

Doctor of Philosophy in Orthopedic and Sports Science (PhD), May 2011-April 2018
Rocky Mountain University of Health Professions, Provo, UT.

Doctor of Physical Therapy (DPT), Aug. 2007-May 2010
University of South Alabama, Mobile, AL.

Sales and Service Marketing (BS), Aug. 2001-May 2005
Louisiana State University, Baton Rouge, LA.

Work Experience:

Physical Therapist, Assistant Professor, August 2018-current
University of South Alabama, Mobile, AL.

Faculty position responsible for updating, organizing, developing, and presenting course content to student physical therapists. Also responsible for facilitating student learning and assessment of student performance. Responsible for faculty development, supervision, documentation, supervision of multiple PTAs, and coordination of care among multiple disciplines. Working with various patient populations, including post-operative orthopedic, geriatric, and neurologic; many patients with multiple co-orthopedic and neurological conditions. Staff therapy evaluations, establishing plans for care, providing training to aides, and assistants.

**Peer-reviewed
journal
publications:**

Cahanin R, Esleck B, Hardy J, Bass B, Rogers T, Looney K. Development of the Butterfly Agility Test. *Phys Ther Sport*. 2021 Nov;52:38-44. doi: 10.1016/j.ptsp.2021.08.004. Epub 2021 Aug 10. PMID: 34404023.

Cahanin RL, Jefferson JR, Flynn TW, Goyeneche N. Iliac Crest Height Difference and Other Running-Related Variables' Relationship with Running Injury. *International Journal of Sports Physical Therapy*. 2019;14(6):957-966. doi:10.26603/ijsp2019095

Cahanin IV RL, Jefferson JR, Flynn TW, Goyeneche N. Pain and Physical Performance among Recreational Runners Who Receive a Correction for an Iliac Crest Height Difference: A Case Series. *International Journal of Sports Physical Therapy*. 2019;14(5):794-803. doi:10.26603/ijsp20190794

Book publications:

Cahanin R and Burley T. Integration of Imaging into Physical Therapy Practice. In: McKinnis LN. eds. *Fundamentals of Musculoskeletal Imaging*, 5e. McGraw Hill; 2021. <https://fadavispt.mhmedical.com/content.aspx?bookid=1899§ionid=141128681>

**Professional
Presentations:**

Cahanin R. Orthopedic Special Tests for the Lower Extremities: An Evidenced-Based Approach. An 8-hour lecture presented at the University of South Alabama; Mobile, AL. September 25, 2021

Cahanin RL, Jefferson JR. The Relationship Between Leg-Length Inequality and Running Injury. A 2-hour poster presentation presented at the American Physical Therapy Association's Combined Section Meeting; Denver, CO. February 2020

Cahanin R. Running injuries: etiology, risk factors, and prevention. A 1-hour lecture presented at the Louisiana Exercise Physiologist Association board meeting at Southeastern Louisiana University; Hammond, LA. March 2015.

**Continuing
Education:**

Gravano T. Orthotics and Prosthetics: Special Considerations for the Aging Adult. Medbridge. January 2022

Donatelli R. Returning the Injured Athlete to Sports: Foot, Ankle, and Orthotics. Medbridge. August 2021

Vagy J. The Movement System: Advanced Running Assessment and Treatment. Medbridge. August 2021

